

Bullying, Harassment, and Intimidation



Course Outline

Course Introduction

- Background on Bullying in New Jersey
 - ✓ Bullying update
 - ✓ Anti-Bullying Bill of Rights Act Update
 - ✓ Week of Respect
- Podcast: *Juggling and Jesus*
- Course Outline and Handout

Bullying Basics

- Bullying overview
- Determining what is happening
- Introduction to Anti-Bullying Bill of Rights Act

Understanding Bullying

- What is bullying?
 - ✓ General definition
 - ✓ Categories of bullying
 - Direct
 - Indirect
- Types of bullying
 - ✓ Physical bullying
 - ✓ Verbal bullying
 - ✓ Relational bullying
 - ✓ Cyberbullying
- What is harassment?
 - ✓ Harassment defined
 - ✓ Sexual Harassment (Video)
 - ✓ Harassment in schools
- What is intimidation

Understanding the Players

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- The roles
 - ✓ Victim
 - ✓ Bully
 - ✓ Bystander
- What influences bullying behavior
 - ✓ Family risk factors
 - ✓ Peers
 - ✓ Periods of transition
 - ✓ Myths about people who bully
- Understanding bystanders
 - ✓ Types of bystanders
 - Hurtful bystanders
 - Passive bystanders
 - Helpful bystander
- Building better bystanders
- Bystanders is the key
- Switching roles
- To This Day (Video)

Recognizing and Combating Bullying

- High-risk communities
- Where does bullying occur?
- Bullying challenges
 - ✓ Fear and shame
 - ✓ Fatal Consequences
- Bullying Exercises for Teachers
- Recognizing Bullying
 - ✓ Signs and symptoms of bullying
 - ✓ What to do when you see bullying
- Providing a safe environment
 - ✓ Focus on school climate
 - What is school climate?
 - School climate factors
 - School climate and bullying
- You play a key role

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Course Outline

New Jersey Policies and Procedures

- Legally speaking
 - ✓ Anti-bullying Bill of Rights Act at a glance
- Specific requirements
 - ✓ Bullying support staff
- Reporting procedures
- Investigation procedures
- Additional information

Course Closing

- Final thoughts
- Course Completion