



# CONSIDER A CAREER IN SUBSTANCE MISUSE PREVENTION!

## WHAT IS SUBSTANCE MISUSE PREVENTION?

An arm of public health that works to **delay** the onset of substance use, and **prevent** substance misuse by reducing harms through:

- ▶ Partnerships
- ▶ Education
- ▶ Community engagement
- ▶ Public policy
- ▶ Proven best practices

## WHAT SKILLS MIGHT I NEED?

- ▶ Communications and Marketing
- ▶ Community Organizing
- ▶ Empathy
- ▶ Health and wellness knowledge
- ▶ Ability to work with youth and families

**NO 2 DAYS ARE THE SAME!**

## PATHS TO THIS CAREER:

### COLLEGE MAJORS:

- ▶ Education
- ▶ Public health
- ▶ Health sciences
- ▶ Social work
- ▶ Communications/marketing
- ▶ Human services
- ▶ Psychology
- ▶ Youth development

### ALIGNED CAREERS:

- ▶ Community health worker
- ▶ Educator
- ▶ Health care
- ▶ Social worker
- ▶ Recreation
- ▶ Counselor
- ▶ After school program staff

## WHAT MIGHT MY CAREER LOOK LIKE?

Your duties vary depending on where you work:



### COMMUNITY

- ▶ Prevention coalitions
- ▶ Educational programs
- ▶ Communications and marketing
- ▶ Policy development



### GOVERNMENT

- ▶ State and local health departments



### COLLEGES

- ▶ Counseling/Support services



### PRIMARY/SECONDARY SCHOOL

- ▶ School-based prevention
- ▶ Youth activities and groups
- ▶ Classroom counseling and instruction



FIND OUT MORE  
ABOUT THIS  
FULFILLING CAREER

PREVENTION  
**WORKS!**<sub>VT</sub>

[preventionworksvermont.org](http://preventionworksvermont.org)