

Reading Challenge 2

Second Edition

Casey Malarcher • Andrea Janzen



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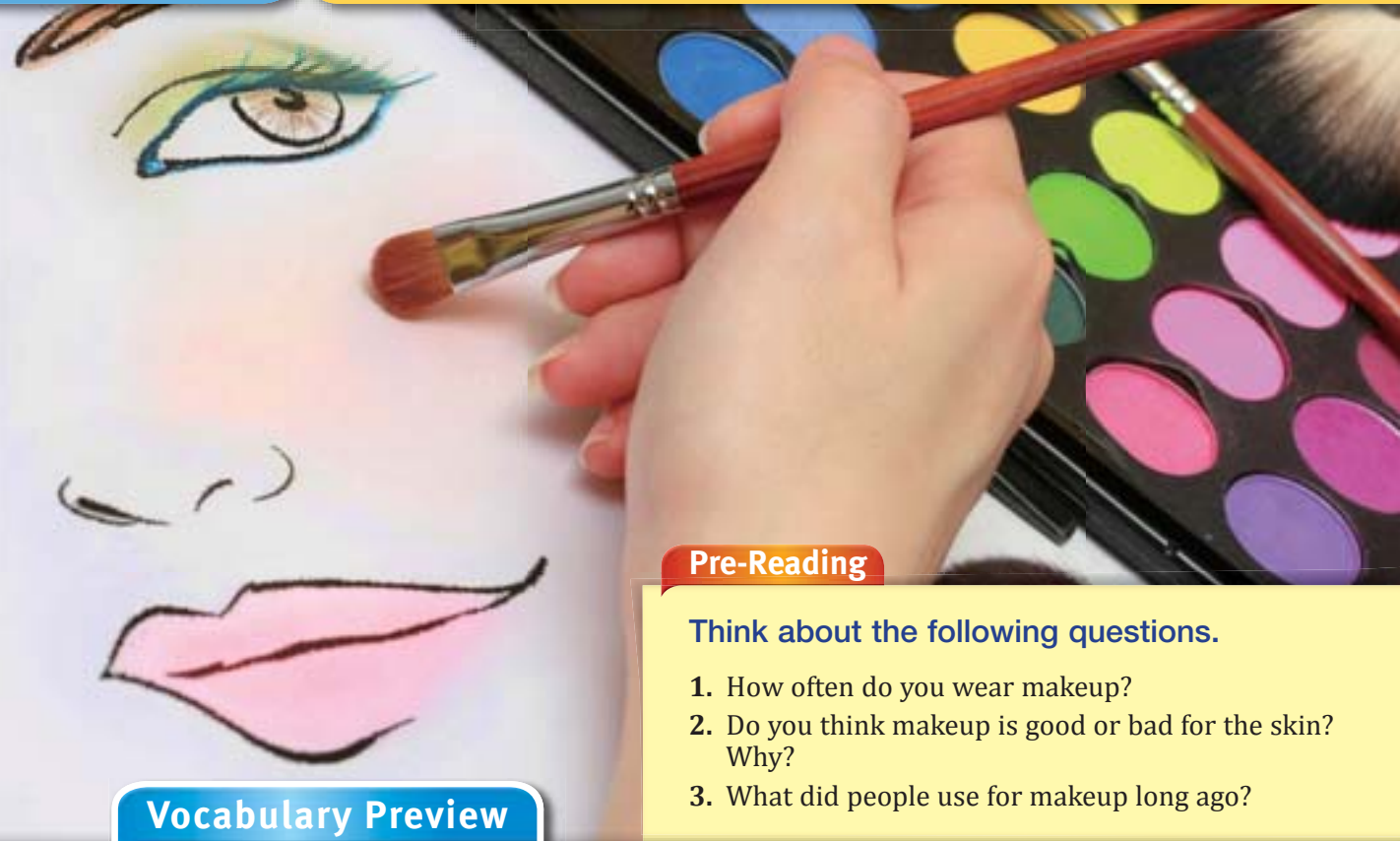
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Pre-Reading

Think about the following questions.

1. How often do you wear makeup?
2. Do you think makeup is good or bad for the skin? Why?
3. What did people use for makeup long ago?

Vocabulary Preview

Write the letter of the word or phrase with the same meaning as the underlined word.

- | | |
|-----------------------------------|---|
| a. makes better | d. beliefs; normal ways |
| b. tiny pieces of something solid | e. small amounts of liquid |
| c. very old | f. something that causes illness or death |

1. ___ His new hairstyle really improves his looks.
2. ___ Young girls in that country often wear makeup. It's part of that country's culture.
3. ___ Sometimes I put powder on my face. Then it doesn't look oily.
4. ___ Don't touch that powder. It is a poison!
5. ___ She put a few drops of medicine in her eyes.
6. ___ Some ancient pictures in the pyramids show women wearing eye makeup.

In the Name of Beauty

Track 7

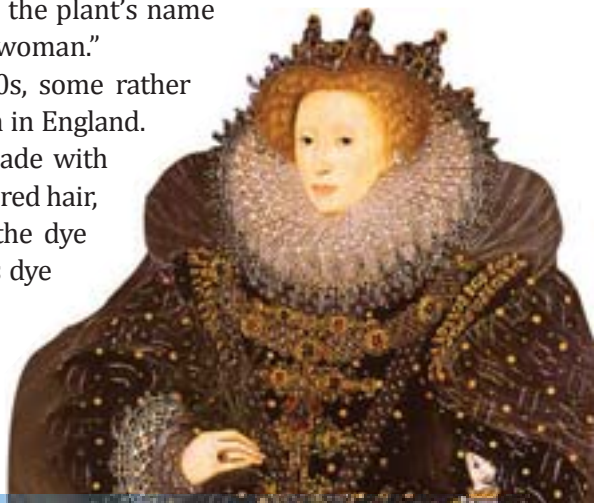


Cosmetics have been used throughout history. The ancient Greeks, the Egyptians, and the Romans all used various kinds of makeup. Some of these **cosmetics** were used to improve one's appearance. Others were used to protect one's skin. However, in some cases, things used for makeup were dangerous or even deadly!

5 Skin care treatments including perfumes, lotions, and cosmetic masks were used in ancient Egypt by rich and poor alike. Egyptians also developed some of the earliest sunscreens. They used oils and creams for protection against the sun and dry winds. Egyptians, as well as other ancient cultures, used various powders on their skin for beauty as well. Egyptians used black **kohl** around their eyes. Romans put white **chalk**
10 on their faces. And Indians painted red **henna** on their bodies.

Most of the ancient cosmetics were harmless. However, in the name of beauty, some people applied dangerous chemicals and poisons to their skin. During the Italian **Renaissance**, women wore white powder made of **lead** on their faces. Of course, doctors today know lead is like a poison for our bodies. Also around the time of the Renaissance,
15 women in Italy put drops of **belladonna** in their eyes. These belladonna drops were made from a plant whose poison affects the **nerves** in the body. By putting belladonna drops in her eyes, a woman's **pupils** would become very large. People thought this made women more beautiful. Actually, this is where the plant's name comes from. In Italian, belladonna means "beautiful woman."

20 When Elizabeth I was queen in the late 1500s, some rather dangerous cosmetics were also being used by women in England. In particular, women were using special hair **dye** made with lead and sulphur. The dye was designed to give people red hair, the same color as the queen's hair, but over time, the dye
25 made people's hair fall out. Finally, women using this dye ended up bald, like the queen, and had to wear **wigs**.



Reading Time _____ minutes _____ seconds 326 words

2 *cosmetics*: makeup

9 *kohl*: a powder made of antimony sulfide (Sb_2S_3) used around the eyes

9 *chalk*: a soft white limestone composed mostly of the shells of small marine organisms

10 *henna*: a red or orange dye made from the henna plant

13 *Renaissance*: the 1300s through 1500s in Europe, when great artistic and scientific achievements were made

13 *lead*: a soft metal (Pb)

15 *belladonna*: a poisonous plant with black berries

16 *nerve*: the part of the body that passes information to the brain

17 *pupil*: the hole in the middle of the eye that can become smaller or larger

22 *dye*: a liquid for coloring

26 *wig*: an artificial covering for the head that looks like hair

Choose the best answer.

1. What is the main idea of this reading?
 - a. The ancient Egyptians used a lot of makeup.
 - b. People have always used makeup.
 - c. Some cosmetics in the past were dangerous.
 - d. Italian women had the best makeup.

2. Which of the following statements is NOT correct?
 - a. The Egyptians used makeup to help their skin.
 - b. The Romans used chalk to make their faces white.
 - c. Queen Elizabeth I had blond hair.
 - d. All of the above

3. Where did Italian women apply lead powder?

a. In their hair	b. On their hands
c. On their faces	d. Under their arms

4. What was belladonna used for?

a. To give women pretty eyes	b. To change the color of women's skin
c. To poison plants	d. To make people look smarter

5. What is the meaning of "rather" as it is used in line 20?

a. normally	b. on the contrary
c. preferred	d. fairly

Idiomatic Expressions

Find these idioms in the reading.

- **in some cases** [sometimes]
In some cases, the medicine made people's hair fall out.

- **in the name of** [for]
 The explorer claimed the island in the name of his country.

- **end up** [to finally become]
 She started her own company and ended up a millionaire.

Fill in the blank with one of the above idioms. Change its form if necessary.

1. _____, teachers found students did better on longer exams.
2. Let's follow the map, or we may _____ lost.
3. We must keep fighting _____ freedom!

Summary

Fill in the blanks with the correct words.

in the name of
nerves

culture
cosmetics

drops
dangerous

Although 1 _____ have been used all throughout history, not all of them have been safe. In fact, some of them have been quite 2 _____ to people. For example, long ago in Italian 3 _____, people thought women with big eyes were beautiful. Therefore, 4 _____ beauty, women began to put 5 _____ of belladonna in their eyes to make their pupils larger. Belladonna, however, is poisonous, and it can affect the 6 _____ in the body.



Listening

Makeup for Men?



Listen to the dialog and choose the best answer.

- Which is true about the man?
 - He doesn't usually wear makeup.
 - He works for a cosmetics company.
 - He does not have good skin.
 - He knows a good place to buy makeup.
- According to the woman, why do a lot of men wear skin creams?
 - It makes their skin white.
 - It is fun.
 - It smells nice.
 - It protects their skin.
- What happens at the end of the conversation?
 - The man puts on a cosmetic.
 - The man gets angry.
 - The woman buys the makeup.
 - The man promises to help the woman.

Discuss the following questions.

1. Which brands of makeup are good for your skin?
2. What is the strangest beauty treatment you have heard of?
3. What do you wear when you want to look nice?

Grammar

Infinitives of Purpose

An infinitive can be used to talk about a person's purpose as a reduced form of *in order to* or *so as to*.

Some of these cosmetics were used (to improve / to improving) one's appearance.

The dye was designed (to give / to giving) people red hair, the same color as the queen's hair.

Writing

Write your own short paragraph by answering the questions below.

Dressing up

- (1) What do you wear to dress up?
 (2) What are those things made of?
 (3) What color are those things?
 OR How do those things look? (4)
 When was the last time you wore them? (5) Did anyone notice or say anything about how you looked?

Example

I wear a suit and tie to dress up. I don't know what my suit is made of, but my tie is made of silk. My suit is dark blue, and my tie is red and yellow. The last time I wore them was at my sister's wedding. Nobody noticed me because most of the men at the wedding were in suits.

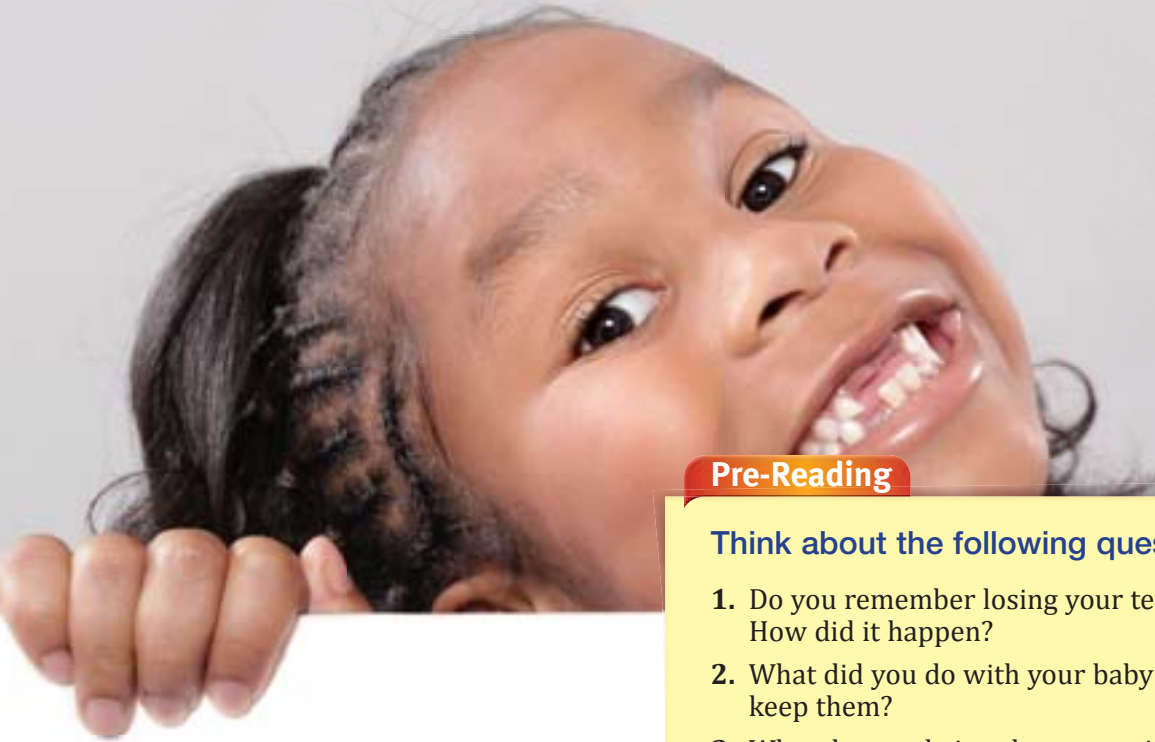
Vocabulary and Idiom Review

A. Choose the best word or phrase to fill in the blank.

1. Creams can make our skin _____.
a. ancient b. large c. poor d. smooth
2. I think it will rain soon. I just felt a _____.
a. drop b. plant c. treatment d. wig
3. If you need perfume, you should go to a store that sells _____.
a. skin b. cosmetics c. history d. prices
4. Joan of Arc tried to lead her army to fight _____ God.
a. ending up b. having to do c. in some cases d. in the name of
5. She sat on the beach all day. Now her _____ is red.
a. powder b. culture c. pupil d. skin
6. That is not dust on the floor. It is face _____.
a. dye b. cream c. oil d. powder
7. Be careful. Some of those chemicals are _____.
a. ancient b. dangerous c. silky d. special

B. Choose the correct form of the word to fill in the blank.

8. The people living in the rainforest hunt with _____ arrows.
a. poison b. poisonous c. poisoning
9. The country is _____ unique. There is no other culture like it.
a. culture b. cultural c. culturally
10. The new and _____ soap seems very similar to the old soap.
a. improvement b. improves c. improved



Pre-Reading

Think about the following questions.

1. Do you remember losing your teeth as a child? How did it happen?
2. What did you do with your baby teeth? Did you keep them?
3. What do people in other countries do with their baby teeth?

Vocabulary Preview

Write the letter of the word or phrase with the same meaning as the underlined word or phrase.

- | | |
|-----------------------|-----------------------------------|
| a. has the duty of | d. think of; believe |
| b. specific; accurate | e. rather than; in the place of |
| c. think highly of | f. usual thing to do by tradition |

1. ___ It is a custom for children to put lost teeth under their pillows.
2. ___ A bird is responsible for taking the lost tooth away.
3. ___ People in Mongolia respect dogs a lot, so they take good care of them.
4. ___ Koreans consider one kind of bird very lucky.
5. ___ She hopes to get money instead of a gift.
6. ___ This is the exact place where I put the lost tooth last night.

Who Took That Tooth?

Track 3



Different cultures follow their own special customs when a child's baby teeth fall out. In Korea, for example, they have the custom of throwing lost teeth up on the **roof** of a house. According to tradition, a **magpie** will come and take the tooth. Later, the magpie will return with a new tooth for the child. In other Asian countries, such as Japan and Vietnam, children follow a similar tradition of throwing lost teeth onto the roofs of houses.

Birds aren't the only animals thought to take lost teeth. In Mexico and Spain, tradition says a mouse takes a lost tooth and leaves some money. However, in Mongolia, instead of mice, dogs are responsible for taking teeth away. Dogs are highly respected in Mongolian culture and are considered **guardian angels** of the people. Tradition says that the new tooth will grow in good and strong if the baby tooth is fed to a guardian angel. Accordingly, parents in Mongolia will put their child's lost tooth in the **fat** of a piece of meat and feed it to a dog.

The idea of giving lost teeth to an angel or **fairy** is also a tradition in the West. Many children in **Western** countries count on the Tooth Fairy to leave money or **presents** in **exchange** for a tooth. The exact origins of the Tooth Fairy are a mystery, although the story probably began in England or Ireland **centuries** ago. According to tradition, a child puts a lost tooth under his or her **pillow** before going to bed. In the wee hours, while the child is sleeping, the Tooth Fairy takes the tooth and leaves something else under the pillow. In France, the Tooth Fairy leaves a small gift or candy. In the United States, however, the Tooth Fairy usually leaves money. These days, the rate is \$1 to \$5 per tooth. That can add up to a lot of money from the Tooth Fairy!

Reading Time

_____ minutes _____ seconds

324 words



3 *roof*: the top or covering over a house

3 *magpie*: a black and white bird

10 *guardian angel*: a spirit protecting a person

12 *fat*: the part of meat with a lot of oil

14 *fairy*: a tiny mythical creature with magical powers

15 *Western*: related to Europe and North America

15 *present*: a gift

16 *exchange*: trade

17 *century*: a hundred years

19 *pillow*: a soft thing to support one's head

Choose the best answer.

1. What is the main idea of this reading?
 - a. The Tooth Fairy leaves money for teeth.
 - b. Different cultures have different traditions about teeth.
 - c. Many Asian countries have similar traditions concerning teeth.
 - d. Some tooth customs involve animals.

2. Why do some people throw a tooth on the roof?

a. To get rich	b. To get a larger house
c. To have a long life	d. To get a new tooth

3. Where did the story of the Tooth Fairy probably come from?

a. North America	b. Eastern Asia
c. Western Africa	d. Northern Europe

4. What is NOT traditionally put under a pillow in exchange for a tooth?

a. A new tooth	b. Money
c. A gift	d. Candy

5. Which meaning can define "lost" as used in line 7?

a. Misplaced	b. Not won
c. Wasted	d. Fallen out

Idiomatic Expressions

Find these idioms in the reading.

- **count on** [to expect; to rely on]
 I **counted on** you to help me, but you disappointed me.

- **the wee hours** [between midnight and 4:00 or 5:00 a.m.]
 Because I drank coffee, I couldn't get to sleep until **the wee hours** of the morning.

- **add up** [to make sense; to equal]
 Two and two **adds up** to four.

Fill in the blank with one of the above idioms. Change its form if necessary.

1. All of the results we found in the experiment don't _____.
2. I'm your friend. You can always _____ me.
3. The house was completely still and quiet during _____.