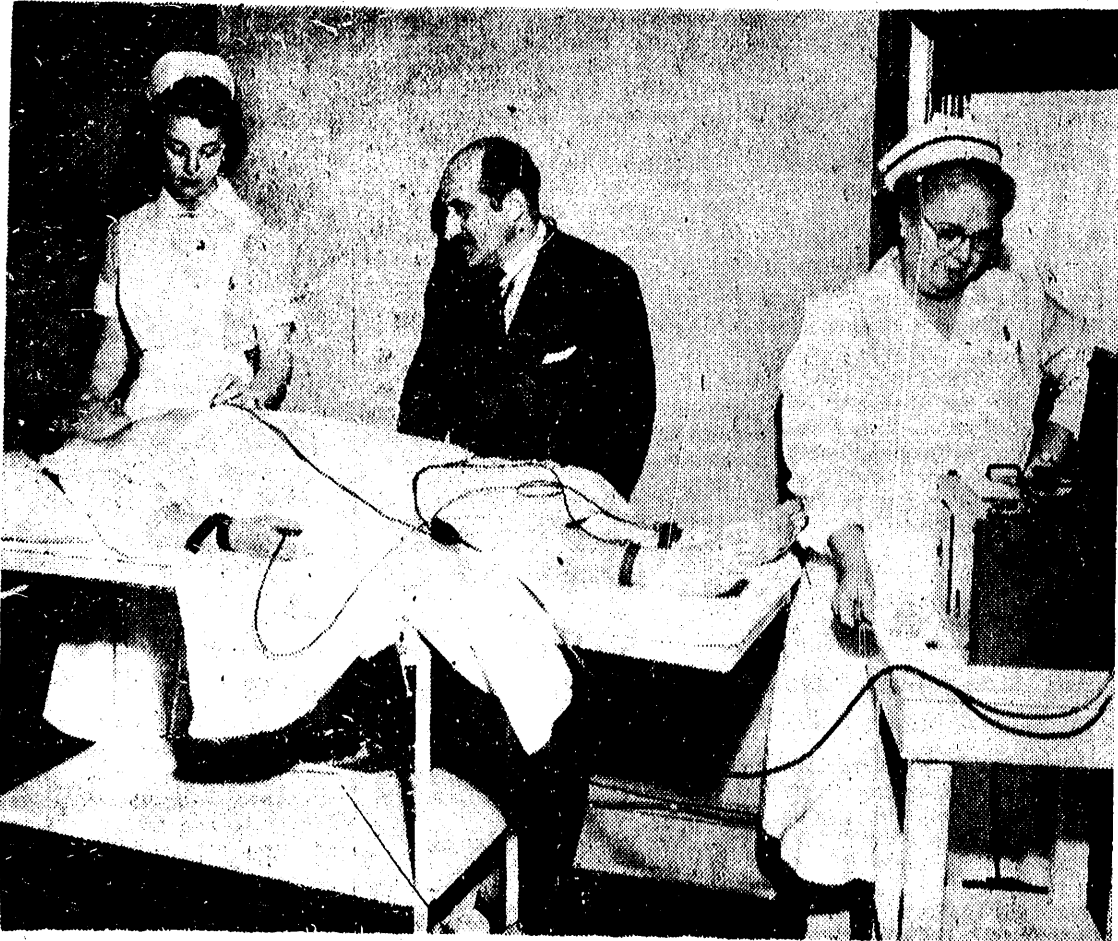


McKinley Hospital Rheumatic Fever Clinic First In New Jersey



Dr. Henry L. Drezner, above, heart specialist and chief in cardiology at McKinley Hospital for the past 20 years, heads the Rheumatic Fever Prevention Clinic at McKinley which was the first established in New

Jersey. The nurses in the photo making the cardiograph are Miss Marie Jacob, (left), a student nurse, and Mrs. Julia Clancy, clinic nurse. Dr. Drezner saw the need for the clinic several years before it actually was

opened more than a year ago. Findings made through research conducted by the American Heart Association have given doctors many new tools with which to fight rheumatic fever and to help in its prevention.



William B. Meytrott, McKinley Hospital administrator (above), offered the complete facilities of the institution in setting up New Jersey's first Rheumatic Fever Prevention Clinic last year. He is shown here with Mrs. Margaretta Hough, clinic clerk, who is the widow of Freeholder Harry Hough. She is taking a statement about income and home

conditions from a patient. Backed by funds from the state and with money to be contributed by the Mercer County Heart Association, the clinic operates on a sliding scale of charges. Indigent or medically indigent patients receive free treatment. The clinic provides a complete diagnosis of those who have had rheumatic fever or are susceptible to the disease.

Rheumatic Fever Clinic Leads Fight On Disease

McKinley Hospital Facility First In Jersey

Rheumatic fever kills more school age children than any other disease and accounts for about 50 percent of heart victims beyond childhood.

According to statistics of the American Heart Association and the Mercer County Heart Association, the Crippled Child is just a piker compared to this silent stalker.

Rheumatic fever causes about 40,000 deaths a year in the United States. More than a million persons are believed to have the fever or the rheumatic disease which follows in its wake.

That's the black side of the picture. The bright side shows that rheumatic fever can now be prevented in most cases.

You may be playing a role in this prevention program because Mercer County raised more than \$38,000 this year for the Heart Fund—that's the highest per capita contribution in the state.

Some of the money will be spent right here in Trenton. It will go to purchase drugs used in the Rheumatic Fever Prevention Clinic at William McKinley Memorial Hospital.

The American Heart Association took over research being done along that line and appointed a committee to investigate a number of related projects that were under way.

Dr. Drezner Urged Clinic
About two years ago Dr. Henry L. Drezner, chief in cardiology at McKinley Hospital, gave a talk before the State Medical Society summarizing current thinking on the use of antibiotics in the treatment of rheumatic fever. He recommended that the members give their "whole-hearted enthusiasm" to the prevention program.

Heart Association Funds Will Aid Program

devised by the American Heart Association committee.

Dr. Marian R. Stanford, director of the Division of Chronic Illness Control in the State Health Department, and her associate, Dr. Katherine H. Hain, program coordinator, together with William B. Meytrott, McKinley Hospital administrator, were instrumental in setting up the first prevention clinic at that hospital.

Dr. Drezner was the logical choice to head the first clinic. A graduate of New York Medical College in 1931, he specialized in cardiology. In addition to his post at McKinley, where he has been a staff member for the past 22 years, he is assistant in medicine at Hahnemann Medical College in Philadelphia, consultant in cardiology at the State Neuro-Psychiatric Center at Skillman, fellow of the American College of Chest Physicians, trustee of the New Jersey Heart Association and immediate past president of the Mercer County Heart Association.

Setting Up Clinic Big Job
The idea of starting a prevention program was one thing; setting up the first clinic was another. McKinley Hospital agreed to provide the space. The State Health Department provided funds for the examinations and medication.

It was decided to treat indigent and medically indigent patients (persons on whom the cost of treatment would work a hardship) on a county-wide basis.

Cases must be referred to the clinic by a physician, or if they don't have a family doctor, they may come directly to the clinic. The financial status of such pa-

Examining Clinic Patient

tients is then checked by social service workers.

Visiting Nurses Help
If this should happen, school authorities or parents notify the clinic. The Visiting Nurse Association is contacted and sends a nurse to the home. The nurse reports her findings to the clinic nurse, Mrs. Julia Clancy. Records are consulted to learn more of the nature of the problem and a check is made to see if the youngster is under the care of a private physician. If so, the doctor is informed and will administer treatment for the active form of the disease.

Even if the patient has only an acute upper respiratory infection, the prophylactic measures are intensified. An increased amount of penicillin is given for a full 10-day period, even though the patient's temperature returns to normal and there are no longer symptoms of a sore throat.

Later, on advice of the physician or visiting nurse, the patient returns to the clinic for a re-evaluation and the findings are reported to the school authorities.

Open Year Ago

Plans for the clinic were finally completed and the office opened in April of 1954. During the first year 153 patients were treated at the clinic held each Wednesday afternoon starting at 1 o'clock. Although patients are treated irrespective of age, most of them are youngsters between 6 and 15-years old.

A new patient reporting to the clinic goes through the following routine, a procedure recommended by the American Heart Association. Known as a "workup," the routine includes the following steps:

1. Physical examination. 2. Fluoroscopic study. 3. Large size X-ray of the chest. 4. Electrocardiogram. 5. Blood count. 6. Sedimentation rate. 7. C-reactive protein determination.

Records of each patient are kept on standard forms approved by the Heart Association. These records kept on a national basis are expected ultimately to give doctors a much better picture of rheumatic fever.

Daily Penicillin Tablet
If the examinations show the patient has had or may have had rheumatic fever, he is given following prophylaxis or treatment: 1. A daily dose of the antibiotic, which is most often penicillin in tablet form, unless the patient is allergic to this particular antibiotic.

2. School authorities are notified when children start receiving the treatment. This includes not only the school nurse and school doctors, but particularly the teachers. Special mimeographed forms are sent to teachers involved. It is explained that the teacher sees the child during many hours of the day and should look for signs that the child may need additional medical attention. These "signs" are fever, pallor, apparent weight loss, fatigue, listlessness, signs of a common cold or any change in demeanor are reported immediately to the school nurse, doctor or principal.

Man Hurt By Bicycle

Michael Kratzer, 63, of Burke Road, Robbinsville was knocked down by a boy's bicycle Friday afternoon in the 800 block of Division Street. He was shaken up but not injured, police reported.

Sunday Thoughts

Life is ineffective unless it is aimed. — Moore.

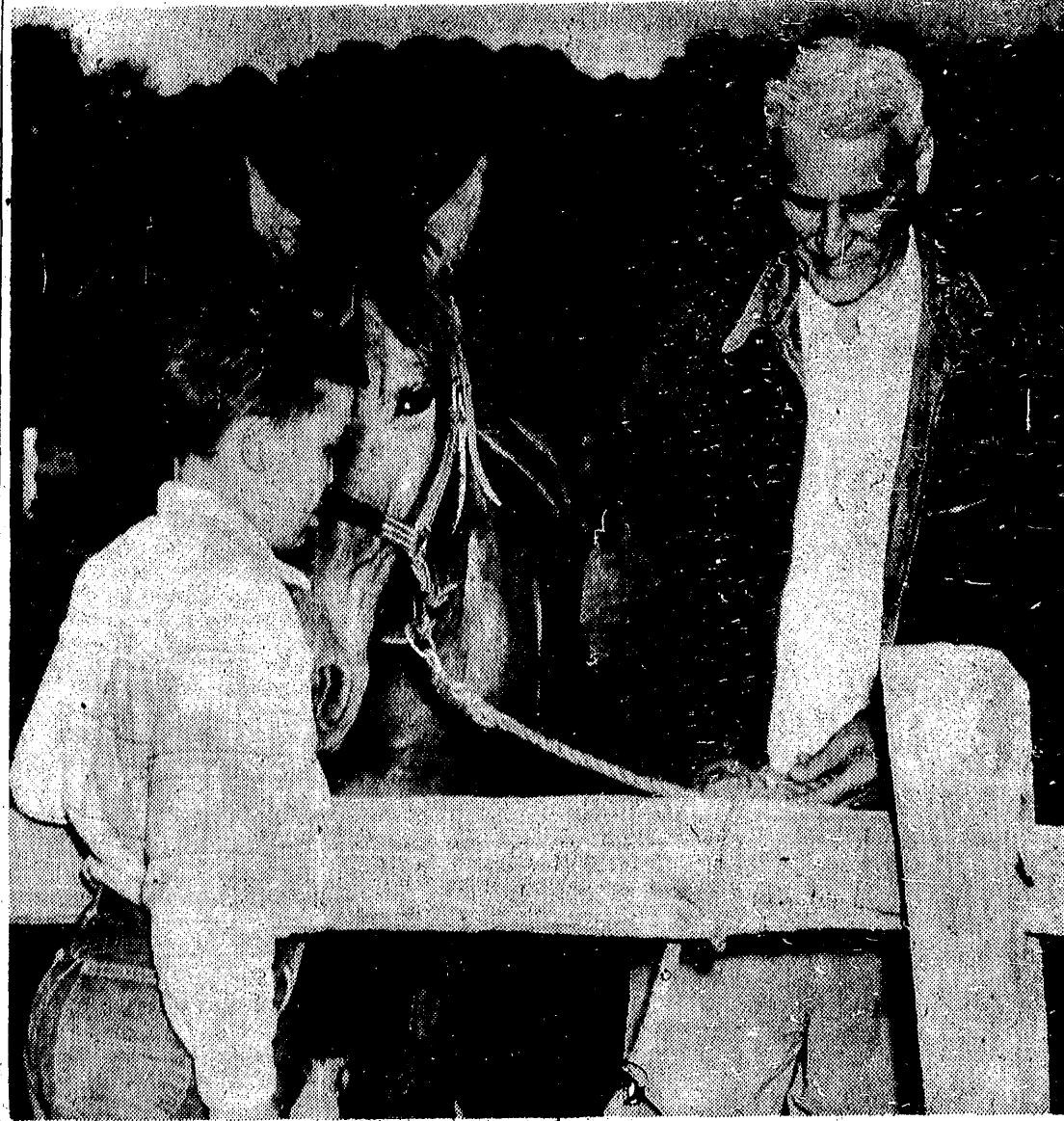
Let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us. — Hebrews 12:1.

Avoid useless post-mortems on past mistakes. Forget them and go ahead. — Peale.

So faith by itself, if it has no works, is dead. — James 2:17.

Do boldly what you do at all. — Aesop.

Boys And Horses Titusville Man's Hobby



All his life Edward D. Anderson of Titusville has made a hobby of boys and horses. Here he is explaining to Jerry Blauth,

a young Pleasant Valley rider, that there's a special way to hitch a horse. The horse, in this case, happens to be "Rusty,"

Jerry's favorite mount. Anderson recently retired as superintendent of the State Forest Nursery at Washington Crossing Park.

Boys, Horses, Trees Have Given Ed Anderson Career

For Years He's Been On Job Helping Youths In Titusville Area

Horses, trees and boys are sort of key words in the life of Edward D. Anderson who has just retired as superintendent of the State Forest Nursery at Washington Crossing. He has had a lot of success with all three.

A good farmer and a good horse man before he took up the job of growing trees for the state, "Ed" Anderson has long played an important role in the Titusville-Washington Crossing community's youth activities.

"Young Ed," as he has been known most of his life to distinguish him from his uncle, the late Edward D. Anderson who also made his home in Titusville, is one of four children of the late Edward D. and Caroline Klockner Anderson. All four children learned the importance of hard work and service to others on their father's farm, the present Gerard farm, on the Washington Crossing-Pennington Road. All four succeeded in their various fields.

Hope To Prevent Fever
"During the past few years the incidence has dropped so that we now feel rheumatic fever can be prevented in large degree if we can prevent sore throats in suspects or victims," says Dr. Drezner.

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More Foresters Now
"The country has become much more conscious of the need for reforestation in the last 30 years," says the former superintendent, "and forestry now offers promising careers to many young men. In recent years, for example, I have visited the forest projects of many large paper companies. In some cases, where they once em-

Was Recently Retired As Head Of Jersey's Forest Nursery

played one forester, they now have as many as 25."

Talking about careers for young men comes naturally to Ed Anderson, who over the years has functioned as unofficial counselor and business adviser to dozens of boys and young men in his community.

Always a Chairman
Within these groups he has chaired a myriad of activities, and, if he was chairman of the church's strawberry festival, he was just as likely to have the unofficial title of "plate scraper" in the kitchen.

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Fond of Horses

Ed Anderson learned to ride horses as well as to work hard on his father's farm. In 1913-14 he spent a year on a farm in North Dakota where he learned to handle the rough riding western horses.

So when World War I came along he volunteered for the cavalry. He was assigned to a special unit which trained as dispatch carriers for a machinegun outfit. Although his group shifted from Camp Dix to Fort Slocum to Camp Hancock, Ga., trenches and barbed wire had made it obsolete. The war ended with Anderson still in this country as a riding instructor for officers.

Outdoor Man
His long-time retirement plans had included a small farm in Virginia. However, as that time approached, he changed his mind and built a house in Titusville. He says now that he has several job opportunities, and you can bet that it will be the one that keeps him out-of-doors.

Air National Guard Dance Saturday Night
Final plans for the second annual dance of New Jersey Air National Guard units at McGuire Force Base were announced yesterday by co-chairmen Master Sergeants Raymond C. Cole and Frank F. Noble. The dance will be held Saturday night at Hotel Stacy-Trent.

Units sponsoring the affair are the 141st Fighter-Bomber Squadron; Headquarters, 108th Fighter-Bomber Group and Company "B" 87th Engineer Aviation Battalion. Door prizes will be awarded and refreshments served.